**PURPOSE WITH THE EXERCISE:**

**COMPETENCIES**

**THE GROSS LIST**

To create a gross list of your competencies. Meaning everything, you have knowledge about or experience with.

**HOW TO DO IT:**

1. Empty your head on paper, at the computer or at post-is. Do not be to self-critical.
2. Write down, what you are able to. It is fine to be esoteric, nerdy and detailed when writing down. It is only you, who should be able to understand the content for now.

**EXAMPLE:**

Theory of Science

Evaluation

Interaction design

Problem-based learning

Group work

Statistics in SPSS

Discourse analysis

Project management

Presentation technique

Office 365

Literature search

Detail oriented

Result oriented

**MY COMPETENCIES:**