**PURPOSE WITH THE EXERCISE:**

**MOTIVATION  
WHAT ARE YOU ENTHUSIASTIC ABOUT?**

It can be difficult defining what one is enthusiastic about. Therefore you must work with this implicit.

The thought is simple. Whenever you remember something, there is a reason why it is this specific memory that comes to you mind, and not others. What you remember is non-negotiable and tells you something important for you to take along. It is important that you go into details with your answers.

**HOW TO DO IT:**

Write down what comes to you. Write it after the questions below.

Answer the questions you are able to.

Reflect upon what is supposed to tell you

**EXAMPLE:**

*I wanted to be a lawyer. I was inspired by television programmes and books, where lawyers fought for `the common man´.*

The story I can take along: *I will thrive in a job where I am taking care of people and look after their interest.*

**EXERCISE**

1. **WHAT DID YOU DREAM ABOUT BECOMING, WHEN YOU WERE A CHILD – AND WHY?**
2. **WHO WAS YOUR BIGGEST IDOL – AND WHY?**
3. **OF ALL THE PROJECTS YOU HAVE WRITTEN, WHICH ONE DID YOU LIKE THE BEST TO WRITE – AND WHY?**
4. **OF ALL THE LECTURES YOU HAVE PARTICIPATED IN, WHICH ONE DO YOU REMEMBER THE BEST – AND WHY?**
5. **COMPILE YOUR STORIES ABOVE. WHICH THEMES ARE COMMON? WHAT IS THE MAIN THREAD?**